

# Meredith M. Adams,

## LISW-S

### Professional Summary

Clinical Social Worker with more than ten years of experience providing direct service to clients of diverse histories and social backgrounds from a therapeutic perspective based in Cognitive Behavioral Therapy and Solution Focused Therapy. Committed to empowering clients while demonstrating support, compassion, and respect for the dignity of human life. Professional with strong leadership qualities and interpersonal skills. Competent in management and program development.

### Licensure

Licensed Independent Social Worker with Supervisor Designation  
I.0600048-SUPV

### Skills

Assessment	Program Development
Crisis Intervention	Community Collaboration
Individual Therapy	Adoption Services
Family Therapy	Parenting Education
Couples Therapy	Clinical Supervision
Group Facilitation	Grant Writing
Parenting Education	Marketing
Linkages and Referrals	Quality Review

### Education

Master of Social Work		
2003	The Ohio State University	Columbus, Ohio
Bachelor of Arts, Psychology		
2001	University of Dayton	Dayton, Ohio

### Professional Experience

#### Ohio

Clinical Supervisor		
January 2011 – Present	Catholic Social Services	Columbus,

Manage clinical aspects of counseling program. Provide individual clinical supervision to staff of licensed social workers and counselors. Run group supervision and program meetings, attend agency leadership team and quality improvement meetings. Oversee program continuous case record review. Assist with grant writing, marketing, and program development. Maintain a client caseload, providing both general and maternal mental health counseling.

Maternal Counseling Social Worker		
September 2004 – January 2011	Catholic Social Services	Columbus Ohio

Provide individual, couple, and family counseling for clients experiencing stressors such as crisis pregnancies, adjustment difficulties, and relationship problems as well as depression, anxiety, trauma, and other mental health conditions. Develop and facilitate psycho-educational parenting groups for teens and incarcerated parents. Respond to adoption inquiries and complete summary of adoptive histories for adult adoptees. Collaborate with community resources. Assist with grant writing, marketing, and program development.

Court Services Clinician		
August 2003 – September 2004	Netcare Corporation	Columbus, OH

Perform court ordered mental health/drug and alcohol assessments primarily for youth held in the Franklin County Juvenile Detention Center, as well as occasionally for adults through contracts with the municipal and common pleas courts. Collaborate with collateral resources and attend diversion program staffings. Present recommendations for treatment before the court.

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Ohio	<p>Housing Case Manager <i>April 2003 - August 2003</i>      <i>Catholic Social Services</i>      <i>Columbus,</i></p> <p>Facilitate case management for families residing in a two-year supportive transitional housing program. Services included individual counseling, home visits, advocacy, crisis management, linkage and referrals, and assistance with securing permanent housing.</p>
Internships Ohio	<p>Catholic Social Services <i>Sept 2002 – May 2003</i>      <i>Columbus,</i></p> <p>Assist in developing, adapting, and facilitating abstinence education curricula for elementary and high school students. Provide generalist individual counseling. Provide pregnancy support services, including home based counseling, support, education, and material assistance. Involved in adoption and foster care placement.</p>
Ohio	<p>Crittenton Family Services <i>Jan 2003 – May 2003</i>      <i>Columbus,</i></p> <p>Provide individual counseling for children and families. Co-facilitate anger management groups for children and adults, co-facilitate self-esteem/pregnancy prevention group for elementary age girls. Assist with intake engagement and scheduling.</p>
Advanced Trainings	<p>St. Joseph Children's Treatment Center <i>June 2001 – August 2001</i>      <i>Dayton, Ohio</i></p> <p>Engage with children displaying severe emotional and behavioral concerns. Co-facilitate therapy groups teaching social and coping skills. Observe cognitive processing and behavior modification.</p> <p>Adoption Assessor Training Nurturing Parenting Curriculum Maternal Mental Health Cognitive Behavioral Therapy ACT (Acceptance Commitment Therapy) Motivational Interviewing The Gottman Method</p>
Volunteer Involvement	<p>Nationwide Children's Hospital Columbus Marathon and Half Marathon – <i>Angel Mile</i> Our Lady of Perpetual Help Church – <i>Pastoral Care, Junior Retreat, Landscape</i></p>
References	<p>Available upon request</p>